

# **HANDBOOK**

**2022-2023**



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2022 – 2023

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## **VISION**

Our vision is to provide a high quality education in a safe and caring environment which students can be able to attain their full potential through creativity, engagement and personal growth

## **MISSION**

Our mission is to cultivate, to inspire and to empower young minds to be ready for a life time learning journey.

## **CORE VALUES**

Respect, honesty, tolerance, integrity, kindness, trust, cooperation, confidence, curiosity, commitment, creativity, empathy, enthusiasm and appreciation.



# SCHOOL HIERARCHY

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graph TD; A[SCHOOL HIERARCHY] --> B[Kindergarten Stage Director Mrs. Marwa Hamdy]; A --> C[Primary & Preparatory Stage Director Mrs. Nabila Amin]; B --> D[School Principal Ms. Rihan Elsharkawy]; C --> D;
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**Kindergarten**

**Stage Director**

**Mrs. Marwa Hamdy**

**Primary & Preparatory**  
**Stage Director**

**Mrs. Nabila Amin**

**School Principal**  
**Ms. Rihan Elsharkawy**

**Wish you a very fruitful year and we are always here for your inquiries**

## Notes for parents

### School System & Application

#### **LMS Program (Learning Management System)**

Is an online program to facilitate communication between parents and school. Both Parents and students will be provided with a username and password. Please check it daily.

- **Mobile Application: “Provence school”** Is a mobile application between parents and school. Parents will be provided with a username and password. Please check it daily.

#### **School Timing:**

#### **Primary and Preparatory stages:**



Grades	Days	Time
G1&G2&G3	Sunday - Wednesday	7:30 - 2:15
	Thursday	7:30 - 1:30

Grades	Days	Time
G4,&G5&G6&G7&G8&G9	Sunday - Wednesday	7:30 - 2:30
	Thursday	7:30 - 1:45

## **Early leave policy,**

- School hours: are from 7:45 a.m. – 2:30 p.m.
- The school gates are open to students from 7:30 am. It is very important for students' academic and social success at school that they arrive on time in the morning so that they benefit fully from our program.
- Likewise it is important that our students are picked up promptly at the end of their school day as they have had a long day and are tired, hungry and ready for home.
- Parents should call before 12:00pm if they would like to pick up their son/daughter early. This permission should only be used in cases of emergency and is subject to approval from the academic director.
- Parents of students who travel by bus should inform the transportation department about early departures before 12:00 pm.
- Parents who arrive at school before dismissal time to pick up their children will not be permitted inside the school premises, to avoid disruptions to the students' day.
- Parents are not allowed to enter the classrooms or talk to the class teachers or the co -teachers at the end of the day. They are permitted only to pick up their children from the car/bus designated area.



## **Learning support classes**

Provence school provides students who require extra attention with remedial classes during break time or activity sessions.

## **Students' progress reports:**

The Students' progress reports is a semi semester report distributed every term to enable the parent to be aware of their students' academic level.

In addition to their participation, assignment, Presentation, projects, attention, punctuality and Oral evaluation in class.



## Seating plan:



Class teachers are responsible for changing the students' seating plan fortnight to enable all students to rotate in the classroom. Students with medical conditions – glasses or operations – should submit a medical report to be revised by the school medical center.

## Deadlines:

Raising our students to respect the value of time, please observe and respect the deadline of submitting homework, projects, reports, reserving activities and trips in addition to returning back any circulars that need signature.



## Punctuality and absence regulations:

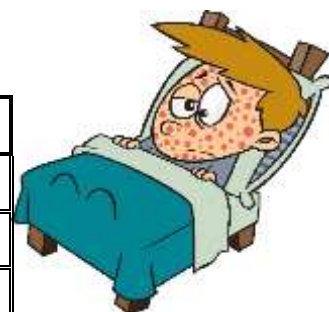
- Students are required to bring medical report from their doctors or hospitals in case of absence for any illness.
- If the student is absent more than 3 days without a medical certificate, the school doctor will examine him/her before entering the classroom.
- If the illness requires 14 days of absence or more, it is the parent's responsibility to submit the medical certificate to the school doctor for approval to consider the absence excused. Bus matrons will not pick students up and they should be accompanied by their parents after the days of absence to the stage administration to be directed to the school clinic to decide whether to stay in class or leave with their parents.



- According to the Ministry of Education rules, if a student is absent for fifteen consecutive days or thirty separate days, he/she will not be registered in governmental records.
- In case of travelling abroad, the student should have prior permission from the academic director. Departure and arrival stamp on his/ her passport should be submitted to the stage office. If not, all absence days will be considered unexcused absence.

**N.B:** Absence with no written document, medical certificate or passport affects the student's marks as follows:

Absence with no Written excuse	Marks deducted
1 day	No marks deducted
2 & 3 days	Half a mark deducted
4 & 5 days	1 mark deducted
6 days or more	2 mark deducted



### Medical Center:

The school provides a medical clinic to deal with any emergencies and any injuries that may occur **during the school day**. The school clinic is not a general clinic, therefore it is not responsible for treatment of children or writing diagnosis to children who are already ill.



**N.B:** no medications should be sent with the students under any circumstances for the safety of the students.

### Lost and found:

There is a "lost and found" department for any lost belongings. Children can refer to this department to find their lost items. Labelling all students' belongings can help avoid this problem.

### Change of address or phone numbers:

There will be an information update sent with the student at the beginning of the year with all the information needed for the



school to be filled and returned back. For any changes that may happen, please notify the school immediately.

**Students picked up by parents:**

Each student will be supplied with 2 copies of a parent pass. These parent passes should be available with whoever picks up the student daily or in emergency cases.

**N.B: SCHOOL WILL PROVIDE EACH STUDENT WITH AN ID CARD WHICH IS A MUST TO BE WORN DAILY FOR THE SAFETY OF YOUR CHILD.**

**School Uniform:**

Stage	Formal	Sportive
<b>Primary &amp; Prep</b>	<ul style="list-style-type: none"><li>• A gray Polo T-shirt + a dark blue formal trousers for summer.</li><li>• A gray heavy Polo sweatshirt + a dark blue formal trousers + Melton jacket for winter</li><li>• Plain black shoes.</li></ul>	<ul style="list-style-type: none"><li>• A royal blue cotton T. shirt + a dark blue Melton shorts</li><li>• A royal blue cotton T. shirt + a dark blue Melton trousers + Melton jacket for winter.</li><li>• Plain black, gray or white trainers.</li></ul>

**N.B**

**For Boys: A neat short hair cut is a must**

**For Girls: Hair tied with a band is a must**

**-Accessories, nail polish, piercing, hair dye and make up are totally forbidden.**

## CODE OF CONDUCT

Type of problem	Occurrence	Penalty
<b>Tardiness (arriving late after 8:00am)</b>	<b>1<sup>st</sup> time</b>	<ul style="list-style-type: none"> <li>Inform the parent.</li> </ul>
	<b>2<sup>nd</sup> time</b>	<ul style="list-style-type: none"> <li>Break detention.</li> </ul>
	<b>3<sup>rd</sup> time</b>	<ul style="list-style-type: none"> <li>first session and Break detention</li> </ul>
	<b>4<sup>th</sup> time</b>	<ul style="list-style-type: none"> <li>Waiting in the reception till calling the parent to pick the student up.</li> </ul>
<b>Out of school uniform</b>	<b>1<sup>st</sup> time</b>	<ul style="list-style-type: none"> <li>Inform the parent.</li> </ul>
	<b>2<sup>nd</sup> time</b>	<ul style="list-style-type: none"> <li>Break detention.</li> </ul>
	<b>3<sup>rd</sup> time</b>	<ul style="list-style-type: none"> <li>Break and P.E session detention</li> </ul>
	<b>4<sup>th</sup> time</b>	<ul style="list-style-type: none"> <li>Waiting in the reception till calling the parent to pick the student up.</li> </ul>
<b>Misbehavior</b>	<b>1<sup>st</sup> time</b>	<ul style="list-style-type: none"> <li>Verbal warning.</li> </ul>
	<b>2<sup>nd</sup> time</b>	<ul style="list-style-type: none"> <li>Break detention with extra work</li> </ul>
	<b>3<sup>rd</sup> time</b>	<ul style="list-style-type: none"> <li>PE detention</li> </ul>
	<b>4<sup>th</sup> time</b>	<ul style="list-style-type: none"> <li>Parents' conference to sign a consent form.</li> </ul>

	<b>5<sup>th</sup> time Repeated action</b>	<ul style="list-style-type: none"> <li>• In school suspension ( I day )</li> <li>• School decides the appropriate action</li> </ul> ( N.B: Misbehavior affects your conduct marks)
<b>Cheating</b>	<b>1<sup>st</sup> time</b>	<ul style="list-style-type: none"> <li>• Ethical warning</li> </ul>
	<b>2<sup>nd</sup> time</b>	<ul style="list-style-type: none"> <li>• Inform parents.</li> </ul>
	<b>3<sup>rd</sup> time</b>	<ul style="list-style-type: none"> <li>• School decides the appropriate action.</li> </ul>
<b>Fighting Bullying Harassment</b>	<b>1<sup>st</sup> time</b>	<ul style="list-style-type: none"> <li>• Break detention.</li> </ul>
	<b>2<sup>nd</sup> time</b>	<ul style="list-style-type: none"> <li>• Inform parents.</li> </ul>
	<b>3<sup>rd</sup> time</b>	<ul style="list-style-type: none"> <li>• Parent's conference to sign a consent form.</li> </ul>
	<b>Repeated action</b>	<ul style="list-style-type: none"> <li>• School decides the appropriate action.</li> <li>• (Fighting, bullying and harassment affect your marks).</li> </ul>
<b>Vandalism to Colleagues' properties</b>	Verbal warning & compensate colleague with a similar item.	
<b>Vandalism to Schools' properties</b>	<b>(1<sup>st</sup> time )</b>	<ul style="list-style-type: none"> <li>• Parents' conference to sign a consent form.</li> </ul>
	<b>2<sup>nd</sup> time</b>	<ul style="list-style-type: none"> <li>• Parents' conference to sign a consent form + pay for damage.</li> </ul>
<b>Cell phones</b>	It's Preferable not to bring the Mobile phone, but if there is a need to that, it must be switched off and given to the floor matron till the end of the day.	

## **Open door policy:**

The school administration welcomes any inquiries, comments and complaints through the following steps:

- A phone call to the public relation (PR). Your issue will be directed to the stage administration for a resolution.
- There will be an assigned day for each stage for personal meetings with either teachers or administration in the headmistress' office. Stage should be notified at least a day before the meeting in order to maintain discipline for the educational process and to avoid any interruption. Assigned days are as follows:

**Primary & Prep stage: Monday**

***School contacts:***

***Land line: 02 23101361 /67/ 68***

***Cellphone: 01278888604***

***Primary & Preparatory stage contact: 01062102228***

**We will be glad to receive your inquiries during weekdays from 7.45 am to 3:00 pm**



## BUS REGULATIONS



Your safety is one of our main concerns, so, follow these rules:

1. You wait for the bus, the bus does not wait for you.
2. Obey the bus matron.
3. Talk quietly, do not shout or sing.
4. Keep aisles clear of books and bags
5. Stay in your seat, do not move while the bus is moving.
6. Do not put your hands or head out of the window
7. Keep the bus clean
8. Matrons will assign your place in the bus which is unchangeable.
9. No conversation with the bus driver.
- 10.( for parents )Complains should be directed to the school administration only not to the driver or the matron.
- 11.Direct yourself immediately to the bus after the bell rings,
- 12.No changes in the bus are granted unless a written request and signed by the parent is delivered to the stage and approved by the stage director.
- 13.In case a different person will receive your child, the stage should be notified at 12 o'clock maximum and the person



should show his\her ID to the matron before receiving the child.

- 14.No bullying or fighting or student will be deprived from the bus service for at least a day or according to what the administration decides.
- 15.Students who suffer from any contagious disease will not be allowed to ride the bus for the safety of the child and all other children.

**(Have an enjoyable safe tour)**



### **Trips Regulations:**

1. School formal uniform is a must. Students who are out of Uniform will not be allowed to go to the trip and their parents will be called to pick them up.
2. Students should be wearing their IDs.  
Registration for the trip should be within the assigned date for a perfect organization and reservation of places and meals  
**No registrations will be accepted on the same day of the trip**
3. Neither parents nor relatives are allowed to accompany or meet their children in the trip.
4. Parents are not allowed to drop their children to the place of the trip neither can they pick them up from the trip. Students will leave and return back to the school where they can meet their parents.
5. School has the right to prevent students who misbehave from going to the trip.

6. Students who misbehave during the trip will be prevented from joining the upcoming trip.
7. Children who are sick or suffering from fever, vomiting or any contagious disease will not be allowed to go to the trip for their own safety and the safety of their own colleagues.







# OCTOBER 2022

Sun	Mon	Tue	Wed	Thu	Fri
25	26	27	28	29	30
2	3	4	5	6 Armed Forces Day	7
9 Prophet Mohamed's Birthday	10	11	12	13	14
16	17	18	19	20	21
23	24	25	26	27	28
30	31	1	2	3	4

**Note: Follow your dream.**



## From the Heart to the Heart

### (Discover your child)

Have you ever witnessed a child who faces difficulties in math? Have you ever heard a mom complaining about her child's capabilities to memorize spelling? Have you even tried it yourself that you weren't able to master writing skills? Then you thought it was your mistake, you under estimated yourself, your parents put all the blame on you so as your teachers. Things were getting even worse, you hated the subject and unconsciously you were unable to grasp even the simplest parts of it. An old, repeated scenario that most of us had witnessed when we were students. You wouldn't want the same to happen to your precious gifts, your children! Fortunately scholars and practitioners have studied this and came up with wonderful conclusions. Almost eighty years after the first intelligence tests were developed, Howard Gardner challenged the view that something called "intelligence" could be objectively measured and reduced to a single number or "IQ" score. Here are Gardner's eight comprehensive categories or "intelligences":

- **Linguistic Intelligence:** The capacity to use words effectively, whether orally as a storyteller, orator, or politician or in writing as a poet, playwright, editor, or journalist. Shakespeare, Charles Dickens, Taha Hussein, Winston Churchill were clear examples if you do not mind your child may be one of those successful people.
- **Logical-Mathematical Intelligence:** The capacity to use numbers effectively as mathematician, tax accountant, or statistician and to reason well as a scientist, computer programmer, or logician. Pythagoras, René Descartes, Albert Einstein, Archimedes, al-Khwarizmi are logical intelligent examples.
- **Spatial Intelligence:** The ability to perceive the visual-spatial world accurately as a hunter, scout, or guide and to perform transformations upon those perceptions as an interior decorator, architect, artist, or inventor.

- **Bodily-Kinesthetic Intelligence:** Expertise in using one's whole body to express ideas and feelings as an actor such as Omar Sherif, a mime, an athlete such as Cristiano Ronaldo, or a dancer such as Diana Vishneva, and facility in using one's hands to produce or transform things as a craftsperson, sculptor such as Picasso and Donatello, mechanic, or surgeon such as sir Magdi Yakoub).
- **Musical Intelligence:** The capacity to perceive as a music aficionado, discriminate as music critic, transform as a composer such as Beethoven and Omar Khairat.
- **Interpersonal Intelligence:** The ability to perceive and make distinctions in the moods, intentions, motivations, and feelings of other people. Those are people of great presence and influence on other people such as Gandhi, and Oprah Winfrey.
- **Intrapersonal Intelligence:** Self-knowledge and the ability to act adaptively on the basis of that knowledge such as Cleopatra, Anne Frank and Aristotle.
- **Naturalistic Intelligence:** The ability to easily recognize and classify plants, animals and other things in nature Charles Darwin, Steve Irwin.

So, let your children enjoy, let them exceed and excel. Let them catch the trade wind and sail even beyond your expectations. Do not kill their potentials. It is only your responsibility to help them discover themselves, discover their strength points and explore their potentials.





# NOVEMBER 2022

Sun	Mon	Tue	Wed	Thu	Fri
30	31	1	2	3	4
6	7	8	9	10	11
13	14	15	16	17	18
20	21	22	23	24	25
27	28	29	30	1	2

**Note:** Fear makes the wolf bigger than it is.



# GIFTED VERSUS TALENTED

Gifted means  
having exceptional  
talent or natural  
ability

Gifted learners  
have outstanding  
abilities in one or  
more academic  
subjects

Students show  
aptitude for  
subjects like  
maths, science,  
history, geography

Talented means  
having a natural  
aptitude or skill for  
something

Talented learners  
have exceptional  
abilities in one or  
more practical  
subjects

Students show  
skills in areas like  
dance, music,  
arts, design,  
sports, etc.

**Cheer up your child is one of these anyway.**



# How can I help my child **SUCCEED** in school?



Stay involved and feel free to contact your child's teacher with any questions or concerns.

Ask your children about school and encourage them to talk about their day.

Do not talk negatively about your child's teacher or school.

Read with your child **every** night.

Make sure your child is getting plenty of sleep and is ready for school each day.

Help your child with his/her homework **every** night.

Teach your children to be responsible for their actions and their schoolwork.



# DECEMBER 2022

Sun	Mon	Tue	Wed	Thu	Fri
27	28	29	30	1	2
4	5	6	7	8	9
11	12	13	14	15	16
18	19	20	21	22	23
25	26	27	28	29	30

**NOTE:** Hope for the best, prepare for the worst.



## براحة اللغة العربية

بيت تتشابه فيه نطق بعض الكلمات وتختلف في المعنى

ولما كل متي كلمتي  
فقلت يا أسما عيل صبري

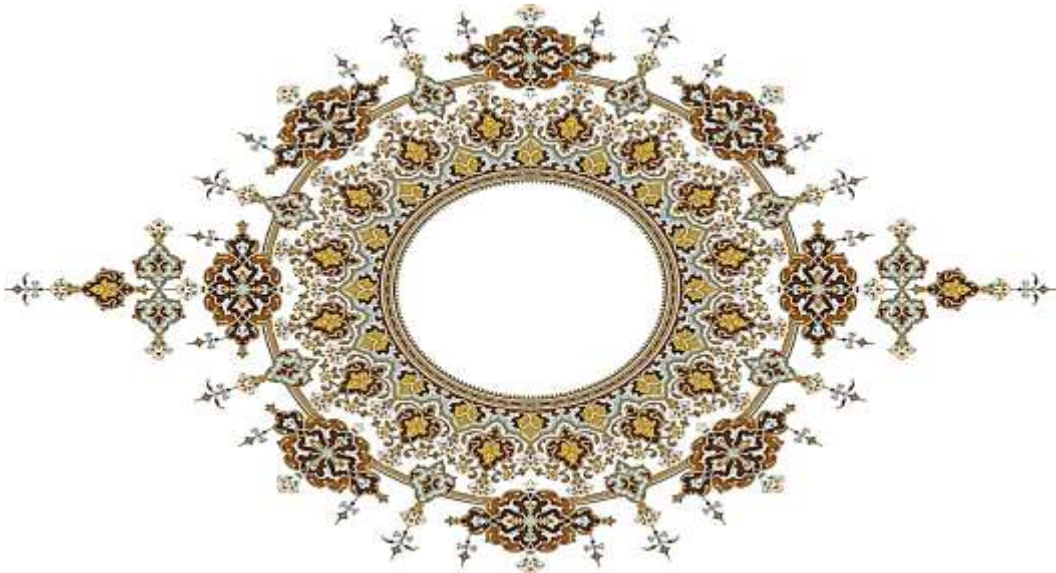
طرقت' الباب حتى كل متي  
فقلت يا إسماعيل صبرا

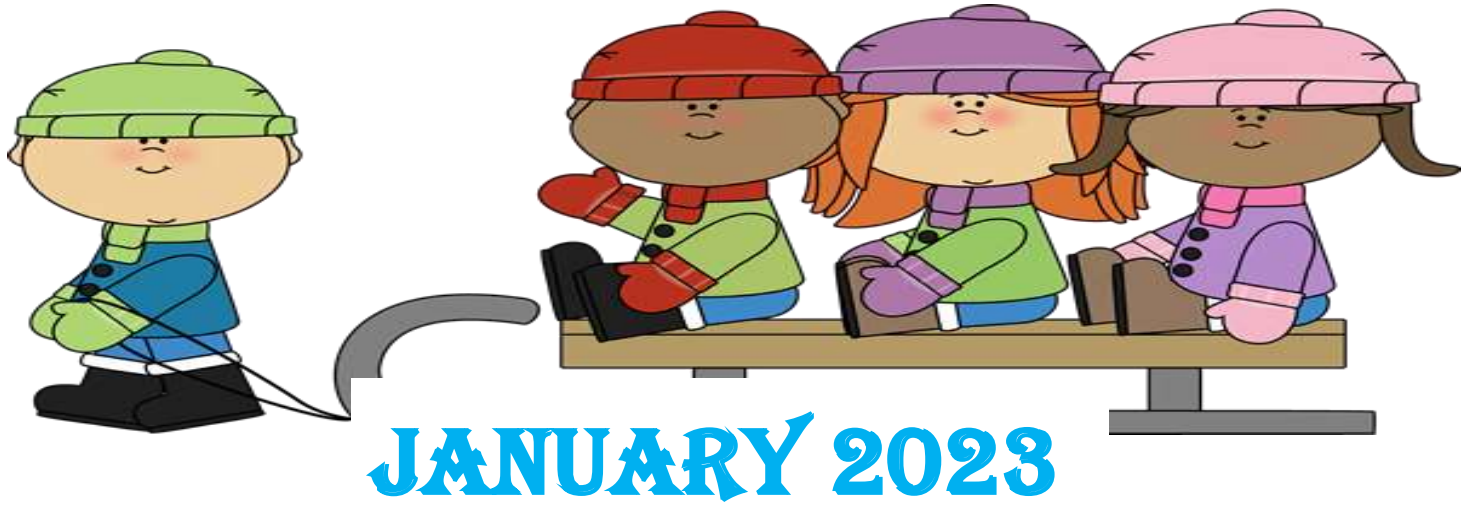
## ايات تقرأ من اليمين للذم

رُتِبْ لَهُمْ حُطْتُ فَمَا رُفِعْتُ حُرِّمُوا فَمَا نَالُوا الَّذِي طَلَبُوا  
عَطِبَ بِهِمْ أَوْدَى فَمَا سَلَمُوا خُلِقَ لَهُمْ تَمَّتْ وَمَا وَهَبُوا  
كَسَبُوا فَمَا شِمْ لَهُمْ حُمِدَتْ كَسَدُوا فَمَا نَرْضَى الَّذِي جَلَبُوا

## و نفس الايات من اليسار للمدح

جلبوا الذي نرضي فما كسدوا حمدت لهم شيم فما كسبوا  
وهبوا وما تمت لهم خلق سلموا فما أودى بهم عطب  
طلبوا الذي نالوا فما حرموا حطت لهم رفعت رتب





Sun	Mon	Tue	Wed	Thu	Fri
1	2	3	4	5	6
8	9	10	11	12	13
15	16	17	18	19	20
22	23	24	25 <small>Revolution Day January 25</small>	26 <small>'Revolution Day January 25' day off</small>	27
29	30	31	1	2	3

**Note:** If the opportunity didnt knock, build a door.





## TRICKY MATH



Once upon a time there was a merchant who traded in wheat. He was proud himself and he thought he was the cleverest of all. His news reached the king of this land, so he invited him to his palace for a bargain. The merchant prepared himself for the invitation and he couldn't sleep that night thinking about the great benefits that he could have from his bargain with the **king**.

The next day, the merchant headed for the king's palace and he was invited to the crown room. The king offered him his bargain which is that the king would give the merchant a sack of 100 dinars each day for sixty four days and would take a grain of wheat for the first day, 2 grains of wheat for the second day, 4 for the third and double the amount of wheat of the previous day each time till they reached the last day. The merchant got amazed from the offer and thought it was the bargain of his life. He accepted immediately. The first day he gave the king the grain and took the dinars. The second day he took the 100 dinars for the two grains of wheat and so on. It worked well the first few days until the merchant discovered how fool he was to accept this bargain when his fellow helpers told him that all the wheat they have in the stores will not be enough to complete the bargain with the king!!!!

Here is how they explained it:

day 1..... 1 grain	day 2..... 2 grains
day 3.....4 grains	day 4..... 8 grains
day 5.....16 grains	day 6..... 32 grains

and so on until the sixty fourth day in which they

should prepare 9223372037000000000 grains of wheat

This is exactly how the merchant felt. He knew he was a fool to accept this bargain without thinking about it. But as a clever merchant he thought of a wonderful solution for this problem!?

He asked the king to send his men to count the amount of grains he deserves to take.

**“Who do you think is the cleverest; the merchant or the king?”**

Learn Math so that nobody can trick you



# FEBRUARY 2023

Sun	Mon	Tue	Wed	Thu	Fri
29	30	31	1	2	3
5	6	7	8	9	10
12	13	14	15	16	17
19	20	21	22	23	24
26	27	28	1	2	3

**Note:** Nothing is impossible to the willing mind.

## Easy VS. Difficult

Easy is to get a place in someone's address book

Difficult is to get a place in someone's heart

Easy is to judge the mistakes of others

Difficult is to recognize our own mistakes

Easy is to talk without thinking

Difficult is to refrain the tongue

Easy is to hurt someone who loves us

Difficult is to heal the wound

Easy is to forgive others

Difficult is to ask for forgiveness

Easy is to set rules

Difficult is to follow them

Easy is to dream every night

Difficult is to fight for a dream

Easy is to show victory

Difficult is to assume defeat with dignity

Easy is to admire a full moon

Difficult to see the other side

Easy is to stumble with a stone

Difficult is to get up

Easy is to enjoy life every day

Difficult is to give its real value

Easy is to pray every night

Difficult is to find God in small things







# MARCH 2023



Sun	Mon	Tue	Wed	Thu	Fri
26	27	28	1	2	3
5	6	7	8	9	10
12	13	14	15	16	17
19	20	21 Mothers' Day	22	23	24
26	27	28	29	30	31

**Note:** Flowers bloom, so does hope.







# *Mother*





*When I was young, you helped me grow,  
And taught me all I had to know*

*Of love and trust and faith and hope,  
And everything it takes to cope.*



*You may have thought I didn't hear,  
Or maybe that you weren't quite clear;*

*But all the things you taught to me  
Were heeded very carefully,*



*And now I want to thank you for  
Your love, your care, and so much more!*

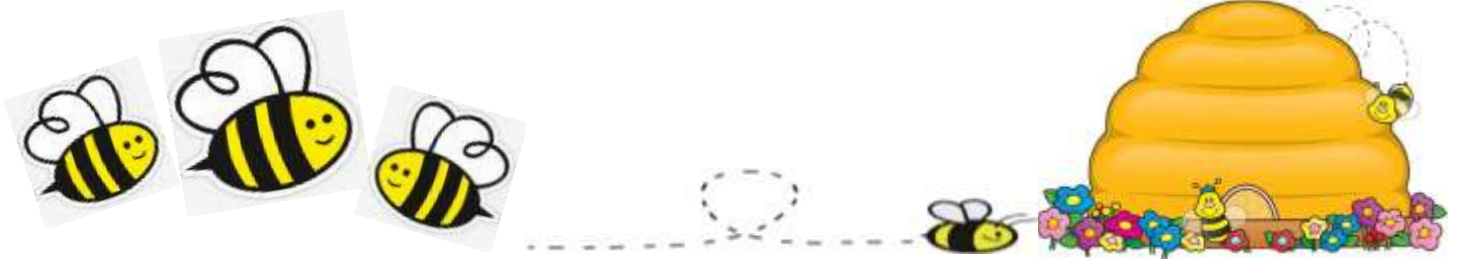


# APRIL 2023

Sun	Mon	Tue	Wed	Thu	Fri
26	27	28	29	30	31
2	3	4	5	6	7
9	10	11	12	13	14 Coptic Good Friday
16 Coptic Easter Sunday	17 Spring Festival	18	19	20	21
23 Eid el Fitr Holiday	24 Eid el Fitr Holiday	25 Sinai Liberation Day	26	27	28
30	1 Labor Day	2	3	4	5

**Note:** Never lose hope. Storms make people stronger and never last forever.





### **DID YOU KNOW?**

1. Honey bees must gather nectar from two million flowers to make one pound of honey.
2. One bee has to fly about 90,000 miles – three times around the globe – to make one pound of honey.
3. The average bee will make only 1/12th of a teaspoon of honey in its lifetime.
4. A honey bee visits 50 to 100 flowers during a collection trip.
5. A honey bee can fly for up to six miles, and as fast as 15 miles per hour.
6. The bee's brain is oval in shape and about the size of a sesame seed.
7. A colony of bees consists of 20,000-60,000 honey bees and one queen. Worker honey bees are female, live for about 6 weeks and do all the work.
8. The queen bee can live up to 5 years and is the only bee that lays eggs. She is the busiest in the summer months, it lays up to 2500 eggs per day.
9. Larger than the worker bees, the male honey bees (also called drones), have no stinger and do no work.
10. Honey is thought to help with sore throats and digestive disorders to skin problems and hay fever.
11. Honey has antiseptic properties and was historically used as a dressing for wounds and a first aid treatment for burns and cuts.
12. The natural fruit sugars in honey – fructose and glucose – are quickly digested by the body. This is why sportsmen and athletes use honey to give them a natural energy boost.
13. Honey bees have been producing honey in the same way for 150 million years.
14. The honey bee is the only insect that produces food eaten by man.

15. Honey lasts an incredibly long time. An explorer who found a 2000 year old jar of honey in an Egyptian tomb said it tasted delicious!
16. The bees' buzz is the sound made by their wings which beat 11,400 times per minute.
17. When a bee finds a good source of nectar it flies back to the hive and shows its friends where the nectar source is by doing a dance which positions the flower in relation to the sun and hive. This is known as the 'waggle dance.'
18. Honey's ability to attract and retain moisture means that it has long been used as a beauty treatment. It was part of Cleopatra's daily beauty ritual.
19. Honey is incredibly healthy and includes enzymes, vitamins, and minerals. It's the only food that contains "pinocembrin", an antioxidant associated with improved brain functioning.





# MAY 2023

Sun	Mon	Tue	Wed	Thu	Fri
30	1 Labor Day	2	3	4	5
7	8	9	10	11	12
14	15	16	17	18	19
21	22	23	24	25	26
28	29	30	31	1	2

**Note: It's never too late.**





## JUNE 2023

Sun	Mon	Tue	Wed	Thu	Fri
28	29	30	31	1	2
4	5	6	7	8	9
11	12	13	14	15	16
18	19	20	21	22	23
25	26	27	28 Arafat Day	29 Eid al-Adha	30 Eid al-Adha Holiday June 30 Revolution Day

**Be yourself because everyone is taken**

## Everything I need to know in life comes from Noah's ark

- 1. Plan ahead.** It wasn't raining when Noah built the ark.
- 2. Stay fit.** When you're 600 years old, someone might ask you to do something really big.
- 3. Don't listen to critics.** Do what has to be done.
- 4. Build your future** on the high ground.
- 5. For safety's sake,** travel in pairs.
- 6. Two heads** are better than one.
- 7. Speed isn't always an advantage.** The cheetahs were on board, but so were the snails.
- 8. When you're stressed,** float for a while.
- 9. Don't forget** that we're all in the same boat.
- 10. When the doo-doo gets really deep,** don't sit there and complain— shovel!
- 11. Stay below deck** during the storm.
- 12. Remember that the ark was built** by amateurs & the Titanic was built by professionals.
- 13. Remember that the woodpeckers INSIDE** are often a bigger threat than the storm outside.
- 14. No matter how bleak it looks,** there's always a rainbow on the other side.
- 15. DON'T MISS THE BOAT!!!!**







Enjoy  
Summer  
Holiday